

# OTTER TRAIL GUIDE

## TIDES JAN 2019

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	0036	1259	0633	1933
2	0521	1943	0138	1350	0730	2016
3	0522	1943	0226	1434	0815	2053
4	0522	1943	0307	1512	0854	2126
5	0523	1943	0344	1548	0929	2157
6	0524	1944	0418	1621	1002	2227
7	0524	1944	0449	1652	1034	2255
8	0525	1944	0520	1722	1106	2324
9	0526	1944	0549	1751	1138	2353
10	0527	1944	0620	1821	1212	---
11	0528	1944	0653	1854	0022	1248
12	0529	1944	0730	1931	0054	1330
13	0529	1943	0817	2019	0131	1421
14	0530	1943	0918	2124	0219	1529
15	0531	1943	1036	2259	0327	1701
16	0532	1942	1158	---	0509	1829
17	0533	1942	0037	1305	0641	1932
18	0534	1942	0143	1401	0742	2022
19	0535	1942	0236	1452	0833	2108
20	0536	1941	0324	1541	0921	2151
21	0537	1941	0409	1628	1007	2233
22	0538	1940	0453	1712	1052	2313
23	0539	1940	0537	1755	1137	2353
24	0540	1939	0619	1837	1221	---
25	0541	1939	0702	1918	0032	1306
26	0543	1938	0747	2001	0111	1353
27	0544	1938	0836	2051	0153	1445
28	0545	1937	0936	2203	0242	1558
29	0546	1936	1101	---	0354	1759
30	0547	1935	0003	1233	0600	1920
31	0548	1934	0126	1337	0722	2010

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

