

OTTER TRAIL GUIDE

TIDES APRIL 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0640	1824	0215	1429	0814	2034
2	0641	1823	0246	1459	0843	2100
3	0641	1821	0316	1529	0912	2126
4	0642	1819	0344	1557	0940	2152
5	0643	1818	0412	1625	1008	2218
6	0644	1817	0441	1654	1037	2244
7	0644	1816	0510	1723	1107	2312
8	0645	1815	0540	1753	1137	2341
9	0645	1814	0611	1825	1211	----
10	0646	1813	0647	1903	0015	1248
11	0647	1811	0731	1951	0055	1335
12	0648	1810	0831	2106	0151	1438
13	0648	1808	1012	2332	0321	1632
14	0649	1807	1216	----	0609	1839
15	0650	1806	0057	1324	0717	1936
16	0651	1804	0151	1415	0805	2019
17	0652	1803	0235	1459	0847	2057
18	0652	1802	0317	1541	0925	2134
19	0653	1801	0356	1619	1002	2209
20	0654	1759	0434	1656	1038	2243
21	0655	1758	0509	1730	1111	2316
22	0656	1757	0543	1803	1143	2349
23	0656	1756	0615	1836	1215	----
24	0657	1755	0647	1910	0024	1247
25	0658	1753	0721	1952	0102	1323
26	0659	1752	0806	2103	0152	1413
27	0700	1751	0931	2344	0322	1603
28	0700	1750	1208	----	0559	1832
29	0701	1749	0051	1309	0658	1920
30	0702	1749	0132	1350	0737	1954

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

