

OTTER TRAIL GUIDE

TIDES JUNE 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0725	1727	0233	1457	0841	2051
2	0725	1726	0310	1534	0917	2126
3	0726	1726	0348	1611	0953	2202
4	0726	1726	0427	1649	1030	2241
5	0727	1726	0507	1729	1109	2323
6	0727	1725	0549	1812	1150	---
7	0728	1725	0634	1859	0009	1234
8	0728	1725	0724	1953	0101	1323
9	0729	1725	0823	2102	0204	1420
10	0729	1725	0937	2228	0324	1534
11	0730	1725	1106	2348	0503	1709
12	0730	1725	1224	---	0620	1826
13	0731	1725	0050	1324	0717	1921
14	0731	1725	0141	1415	0803	2008
15	0732	1725	0227	1459	0844	2049
16	0732	1725	0310	1541	0922	2128
17	0732	1725	0350	1619	0957	2205
18	0733	1725	0427	1654	1031	2240
19	0733	1726	0501	1728	1103	2315
20	0733	1726	0534	1800	1134	2350
21	0733	1726	0606	1833	1205	---
22	0733	1726	0639	1909	0027	1238
23	0733	1726	0715	1951	0108	1315
24	0734	1727	0757	2046	0156	1358
25	0734	1727	0853	2159	0257	1457
26	0734	1727	1011	2318	0416	1624
27	0734	1728	1142	---	0540	1756
28	0734	1728	0022	1252	0643	1857
29	0734	1728	0113	1345	0732	1944
30	0734	1729	0159	1431	0816	2027

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

