

OTTER TRAIL GUIDE

TIDES AUG 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

| Day | Sunrise | Sunset | High Tide | High Tide | Low Tide | Low tide |
|-----|---------|--------|-----------|-----------|----------|----------|
| 1 | 0721 | 1748 | 0406 | 1631 | 1010 | 2231 |
| 2 | 0720 | 1749 | 0451 | 1714 | 1051 | 2315 |
| 3 | 0719 | 1749 | 0535 | 1756 | 1131 | 2359 |
| 4 | 0718 | 1750 | 0616 | 1838 | 1210 | --- |
| 5 | 0717 | 1751 | 0658 | 1922 | 0043 | 1249 |
| 6 | 0717 | 1752 | 0740 | 2007 | 0129 | 1330 |
| 7 | 0716 | 1752 | 0828 | 2101 | 0218 | 1417 |
| 8 | 0715 | 1753 | 0929 | 2212 | 0317 | 1519 |
| 9 | 0714 | 1754 | 1114 | 2352 | 0454 | 1713 |
| 10 | 0713 | 1754 | 1257 | --- | 0645 | 1859 |
| 11 | 0712 | 1755 | 0111 | 1358 | 0746 | 1957 |
| 12 | 0711 | 1756 | 0207 | 1442 | 0829 | 2039 |
| 13 | 0710 | 1756 | 0251 | 1519 | 0903 | 2113 |
| 14 | 0709 | 1757 | 0328 | 1552 | 0933 | 2144 |
| 15 | 0708 | 1758 | 0400 | 1622 | 1001 | 2213 |
| 16 | 0706 | 1758 | 0430 | 1651 | 1028 | 2242 |
| 17 | 0705 | 1759 | 0459 | 1719 | 1053 | 2311 |
| 18 | 0704 | 1800 | 0526 | 1747 | 1119 | 2340 |
| 19 | 0702 | 1800 | 0553 | 1814 | 1145 | --- |
| 20 | 0700 | 1801 | 0621 | 1844 | 0010 | 1212 |
| 21 | 0658 | 1802 | 0650 | 1917 | 0043 | 1241 |
| 22 | 0657 | 1803 | 0725 | 1957 | 0120 | 1315 |
| 23 | 0656 | 1803 | 0810 | 2052 | 0205 | 1402 |
| 24 | 0655 | 1804 | 0916 | 2215 | 0307 | 1515 |
| 25 | 0653 | 1805 | 1114 | --- | 0445 | 1737 |
| 26 | 0652 | 1805 | 0005 | 1303 | 0644 | 1914 |
| 27 | 0651 | 1806 | 0123 | 1402 | 0747 | 2008 |
| 28 | 0650 | 1807 | 0220 | 1449 | 0833 | 2054 |
| 29 | 0649 | 1808 | 0309 | 1533 | 0915 | 2137 |
| 30 | 0648 | 1808 | 0354 | 1615 | 0954 | 2219 |
| 31 | 0647 | 1809 | 0437 | 1656 | 1032 | 2259 |

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

