

OTTER TRAIL GUIDE

TIDES DEC 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0509	1925	0642	1845	0013	1231
2	0509	1925	0722	1923	0048	1316
3	0509	1926	0814	2013	0128	1415
4	0509	1927	0937	2133	0221	1548
5	0509	1927	1118	2329	0352	1735
6	0509	1928	1221	----	0547	1837
7	0509	1929	0041	1306	0646	1920
8	0509	1930	0129	1344	0727	1957
9	0510	1930	0209	1420	0803	2031
10	0510	1931	0245	1455	0836	2105
11	0510	1932	0320	1530	0910	2138
12	0510	1932	0355	1607	0944	2213
13	0510	1933	0431	1645	1021	2250
14	0511	1934	0509	1724	1059	2328
15	0511	1934	0549	1806	1142	----
16	0511	1935	0632	1851	0008	1229
17	0511	1936	0722	1943	0052	1323
18	0512	1936	0821	2046	0143	1431
19	0512	1937	0938	2208	0244	1603
20	0513	1937	1104	2340	0406	1742
21	0513	1938	1217	----	0541	1851
22	0514	1939	0054	1315	0651	1944
23	0514	1939	0151	1405	0744	2029
24	0515	1940	0240	1451	0830	2109
25	0516	1940	0324	1533	0912	2146
26	0517	1940	0405	1613	0951	2221
27	0518	1941	0442	1649	1029	2254
28	0518	1941	0518	1723	1104	2325
29	0519	1941	0551	1755	1139	2355
30	0519	1942	0624	1826	1214	----
31	0520	1942	0658	1857	0026	1251

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

